

Cascadia Produce

A small business distributor in Auburn, WA

Contact: jeremy@cascadiaveg.com



Farm Surplus Specialists

Cascadia works with farmers to aggregate and sell discounted seconds and farm surplus to institutional and retail buyers.

In 2025 Cascadia received and distributed over 3 Million pounds of fresh, edible food of this type that would othersise be at risk of waste

Surplus produce commonly on hand at Cascadia:

- Romaine Lettuce
- Cauliflower
- Purple/Orange Cauli
- Green onions
- Collard Greens
- Mustard Greens
- Cabbage
- Baby Gem Lettuce
- Broccolini
- Broccoli
- Celery
- Italian Parsley
- Curly Parsley
- Fennel
- Brussels Sprouts
- Baby Iceberg



Utilizing low-cost, farm fresh surplus produce reduces cost, benefits farmers, and keeps good food from potential waste. Climate friendly solutions for food - made easy.



Cascadia is a small broadliner that understands industry processes. Owner Jeremy Vrablik has 25+ years in food procurement and distribution. Call 206-660-7723 to reach him directly.